

## EMS Lloydminster

EMS Lloydminster - Constitutional Hydrotherapy is a process that joins electrical muscle stimulation or also known as EMS with a hot compress and a cold compress. This therapy works by way of stimulating the immune system that enables the patient to move about from a dominant sympathetic state to a relaxing parasympathetic state, helping to stimulate the healing process within the body. The electrical muscle stimulation causes muscle contractions to be able to boost venous and lymph blood circulation.

Also utilized as a complimentary treatment, Constitutional Hydrotherapy could work for a wide array of physical conditions including asthma, irritable bowel syndrome, premenstrual syndrome, respiratory infections and other conditions that help to support the immune system. Patients can need as many as 10 treatments to notice actual results.