

## RMT Lloydminster

RMT Lloydminster - Aura Cleansing - This kind of energy healing could be done making use of one's hands or crystals. The purpose is in order to get rid of any dark energy that is within the auric field. The healer then infuses the aura with light, rebalances and reshapes it and finally energizes it with positive energy.

BioGenesis - BioGenesis is a technique using colored glass wheels to be able to harness and transfer the energy of creation itself into your energy body. Normally, a BioGenesis energy healer would frequently have you lie on a table and get into a condition of deep relaxation. He or she places the small glass wheels on different parts of your physical body to be able to anchor the light of creation in your energy body.

Chakra Healing - Chakra energy healing works by opening up the channels that links to your chakra centers clearing out blockages of energy which has been blocked deep within the core of your energy body. This energy healing is performed in various ways and is could be effectively combined with Rapid Eye Movement therapy and Emotional Freedom Technique tapping.

Crystal Healing - Crystal healing can be done utilizing different precious and semi-precious stones and crystals to help in the eliminating energies, bringing your energy body in balance with your physical body. By combining the vibration frequency of different colored stones along with the vibratory frequency of crystal energy helps attune your energy field to a higher level.

Matrix Energetics - This type of energy healing was discovered by a Chiropractor named Dr. Richard Bartlett. He designed Matrix Energetics to establish the idea of going beyond the whole concept of a healing problem to source what he calls a solution set. The methods depend on the two point system archetype, on active imagination, gentle touch, also time travel and a set of 21 healing frequencies.

Qigong - Translating as "energy cultivation", Qigong is a set of practices concentrating on breathing methods. In the Qigong method, there are four various forms of techniques.: the active movement, static hold of certain posture, focused visualization and the use of certain tools such as herbs and body manipulations. These techniques are utilized to support and rebalance a healthy energy system.

Reiki - Japanese Buddhist Mikao Usui first "discovered" or received - Reiki during 1922. Energy healers must go through a system of three degree levels. Each and every level works directly with the energy body. In Reiki, there are a series of set hand patterns over certain body parts. Usually, in Reiki there is no physical contact involved although, several Reiki practitioners may use some light touch over areas.

Shamanic Healing - Shaman healers call on the spirit world in order to assist their healing powers for others. Shamanic sessions would normally start with the Shaman quickly beating a drum, while the participant works visualization. In due course, the client and the Shaman are in a trance like condition. When they have both relaxed into the trance state, the Shaman who is normally sitting or lying next to the client, would encounter animal totems, angels, spiritual helpers or the client's higher self to be able to find the problem inside the energy field and source the energy tools required to cure the issue.